

CLASSES SCHEDULE
2024 - 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	9:30 - 10:30 HARMONIE Adults/Barre à Terre <i>Beginners</i>	9:00 - 9:45 AQU'ATTITUDE Adults	9:30 - 10:30 CONCERTO Adults <i>Beginners</i>	9:30 - 10:30 CONCERTO Adults <i>Beginners</i>	10:00 - 11:00 ADAGIO Éveil 4-6 years old
10:30 - 11:30 CONCERTO Adults <i>Beginners</i>					11:15 - 12:15 MÉLODIE Initiation 6-8 years old
		11:30 - 12:30 LEGATO Adults/Stretching	11:30 - 12:30 CONCERTO Adults <i>medium/advanced</i>	12:30 - 13:30 CONCERTO Adults <i>medium/advanced</i>	
4:00 - 5:00 ADAGIO Éveil 4-6 years old					
5:15 - 6:15 ARPÈGE 8-11 years old	5:00 - 6:00 MÉLODIE Initiation 6-8 years old	5:15 - 6:15 ARPÈGE 8-11 years old		5:15 - 6:15 ARPÈGE 8-11 years old	
	6:45 - 7:45 CONCERTO Adults <i>medium/advanced</i>	6:30 - 7:30 SYMPHONIE 12-17 years old		6:30 - 7:30 SYMPHONIE 12 - 17 years old	
7:30 - 8:30 HARMONIE Adults/Barre à Terre <i>medium/advanced</i>	8:00 - 9:00 CONCERTO Adults <i>beginners</i>			7:45 - 8:45 CONCERTO Adults <i>medium/advanced</i>	